

AVERAGE ASSISTED LIVING COSTS – 2005*

Locality	Average Cost**			Locality	Average Cost**		
	Monthly	Daily	Annual		Monthly	Daily	Annual
AK (Statewide)	\$4,155	\$139	\$50,553	Wichita, KS	\$2,407	\$80	\$28,563
Birmingham, AL	\$2,672	\$89	\$32,509	Louisville, KY	\$3,040	\$101	\$36,075
Montgomery, AL	\$2,110	\$70	\$25,039	Lexington, KY	\$2,852	\$95	\$33,844
Little Rock, AR	\$2,106	\$70	\$24,991	New Orleans, LA	\$2,932	\$98	\$34,793
Phoenix, AZ	\$2,095	\$70	\$24,861	Shreveport, LA	\$2,166	\$72	\$25,703
Tucson, AZ	\$2,684	\$89	\$31,850	Worcester, MA	\$3,650	\$122	\$43,313
Los Angeles, CA	\$2,445	\$82	\$29,014	Boston, MA	\$4,629	\$154	\$54,931
San Diego, CA	\$2,349	\$78	\$27,875	Silver Spring, MD	\$3,561	\$119	\$42,257
San Francisco, CA	\$3,700	\$123	\$43,907	Baltimore, MD	\$3,214	\$107	\$38,139
Denver, CO	\$3,020	\$101	\$35,837	ME (Southern)	\$3,905	\$130	\$46,339
Colorado Springs, CO	\$2,855	\$95	\$33,879	Detroit, MI	\$2,773	\$92	\$32,906
Hartford, CT	\$2,986	\$100	\$35,434	Grand Rapids, MI	\$2,586	\$86	\$30,687
Stamford, CT	\$4,312	\$144	\$51,169	Minneapolis/ St. Paul, MN	\$2,502	\$83	\$29,690
Washington, DC	\$3,828	\$128	\$45,426	Rochester, MN	\$2,487	\$83	\$29,512
Wilmington, DE	\$4,251	\$142	\$50,445	St. Louis, MO	\$2,696	\$90	\$31,993
Jacksonville, FL	\$2,752	\$92	\$32,657	Kansas City, MO	\$2,374	\$79	\$28,171
Orlando, FL	\$2,825	\$94	\$33,523	Jackson, MS	\$1,642	\$55	\$19,485
Miami, FL	\$2,348	\$78	\$27,863	Billings, MT	\$2,426	\$81	\$28,789
Alpharetta, GA	\$2,795	\$93	\$33,167	Raleigh/Durham, NC	\$2,818	\$94	\$33,440
Atlanta, GA	\$2,643	\$88	\$31,364	Charlotte, NC	\$3,285	\$110	\$38,982
Honolulu, HI	\$2,863	\$95	\$33,974	ND (Statewide)	\$1,663	\$55	\$19,734
Des Moines, IA	\$2,546	\$85	\$30,213	Omaha, NE	\$3,044	\$101	\$36,122
Boise, ID	\$2,915	\$97	\$34,591	Manchester, NH	\$3,500	\$117	\$41,533
Des Plaines Area, IL	\$4,008	\$134	\$47,562	Cherry Hill, NJ	\$3,765	\$126	\$44,678
Chicago, IL	\$3,117	\$104	\$36,988	Bridgewater, NJ	\$4,182	\$139	\$49,626
Peoria, IL	\$2,681	\$89	\$31,815	Albuquerque, NM	\$2,580	\$86	\$30,616
Indianapolis, IN	\$2,631	\$88	\$31,221	Las Vegas, NV	\$2,513	\$84	\$29,821
Fort Wayne, IN	\$2,582	\$86	\$30,640				

* Source: MetLife Mature Market Institute, Market Survey of Nursing Home and Home Care Costs, September 2005,
and Market Survey of Assisted Living Costs, October 2005.

(Continued)

** There may be extra charges for ADL assistance beyond the base cost, or for Alzheimer's disease or related conditions.



INVEST

INSURE

RETIRE

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(Continued from front)

Locality	Average Cost**			Locality	Average Cost**		
	Monthly	Daily	Annual		Monthly	Daily	Annual
New York, NY	\$3,423	\$114	\$40,620	Nashville, TN	\$2,983	\$99	\$35,398
Syracuse, NY	\$2,914	\$97	\$34,579	Memphis, TN	\$2,730	\$91	\$32,396
Rochester, NY	\$3,126	\$104	\$37,095	Dallas/Fort Worth, TX	\$2,865	\$96	\$33,998
Columbus, OH	\$3,156	\$105	\$37,451	Houston, TX	\$2,894	\$96	\$34,342
Cleveland, OH	\$2,921	\$97	\$34,663	Austin, TX	\$3,004	\$100	\$35,647
Cincinnati, OH	\$3,276	\$109	\$38,875	Salt Lake City, UT	\$2,483	\$83	\$29,465
Oklahoma City, OK	\$2,302	\$77	\$27,317	VA (Northern)	\$4,114	\$137	\$48,819
Tulsa, OK	\$2,804	\$93	\$33,274	Richmond, VA	\$3,155	\$105	\$37,439
Portland, OR	\$2,679	\$89	\$31,791	VT (Statewide)	\$3,029	\$101	\$35,944
Eugene, OR	\$2,600	\$87	\$30,853	Seattle, WA	\$2,748	\$92	\$32,610
Pittsburgh, PA	\$2,775	\$93	\$32,930	Spokane, WA	\$2,542	\$85	\$30,165
Scranton, PA	\$2,223	\$74	\$26,380	Milwaukee, WI	\$3,149	\$105	\$37,368
Philadelphia, PA	\$3,364	\$112	\$39,919	Madison, WI	\$3,044	\$101	\$36,122
Providence, RI	\$2,935	\$98	\$34,829	WV (Statewide)	\$2,732	\$91	\$32,420
Columbia, SC	\$2,149	\$72	\$25,501	WY (Statewide)	\$2,368	\$79	\$28,100
Charleston, SC	\$2,688	\$90	\$31,898				
Rapid City, SD	\$2,121	\$71	\$25,169	US National Average	\$2,524	\$84	\$30,709

